# Attachment theory and the individual learner

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#### **Attachment theory**

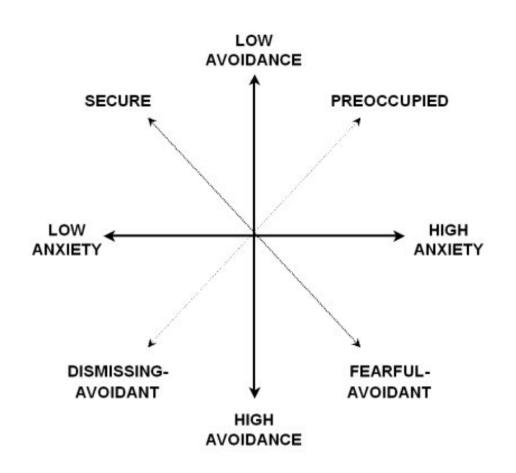
- Evolutionarily adapted behaviour system
- Basically: stay close or you're gonna get eaten!
- Attachment behaviours
- Caregiver responsivity
- Apparent interaction → internal working model



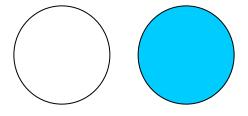
# Attachment styles\*

Attachment style	Parenting (& temperament & context!)
Secure	Sensitive and responsive
Avoidant	Cold and/or rejecting
Ambivalent	Inconsistent
Disorganised	Frightened and/or frightening

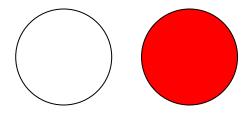
#### Attachment styles cont.d



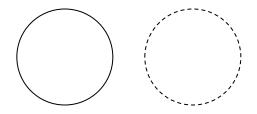
#### **Avoidant attachment**



#### **Ambivalent attachment**



## Disorganised attachment



#### Cognitive implications of attachment

Attachment as having implications for cognitive style

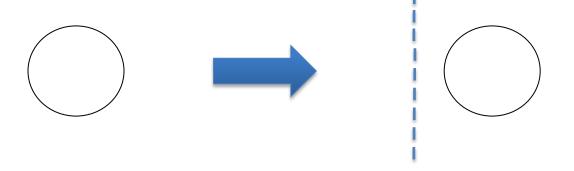
Susceptibility to stereotypes!

Emotional impact of new knowledge and regulation in response

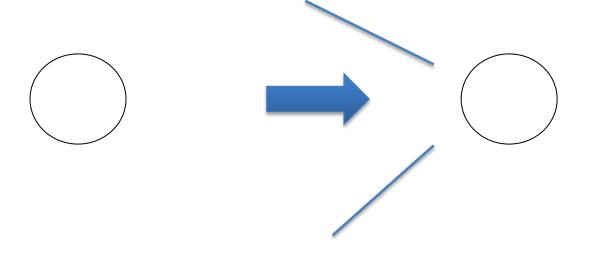
#### University staff as attachment figures?

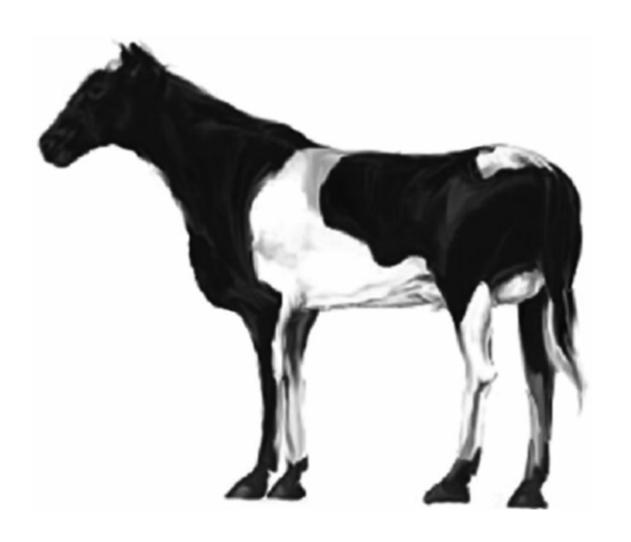
- "...stronger and/or wiser"!
- Evolutionary importance of knowledge transfer between generations
- Epistemic vigilance and *epistemic trust:* 
  - an individual's willingness to consider new knowledge from another person as trustworthy, generalizable, and relevant to the self
- Note. Corriveau et al. (2009)

# **Epistemic vigilance**

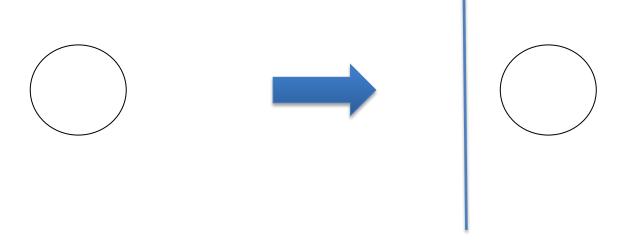


## **Epistemic trust**





### **Epistemic hypervigilance**



# Attachment-informed <del>caregiving</del> teaching

Taking students' subjectivity seriously

 Consider students' attachment styles in developing T&L

 Recognition of own attachment style, to consider own learning style, own teaching and likely response to different kinds of approach from students

## Workshop